

SUNDAY SOCIAL - MEDIUM

36 Miles

	Miles	HILLY	Dist
R	0.0	IRVINE CENTER DR	1.0
L	1.0	HARVARD	0.9
R	1.9	WARNER	0.8
L	2.7	TUSTIN RANCH / VON KARMAN	3.4
R	6.1	BIRCH / MESA	2.3
L	8.4	ORANGE AVE	0.8
R	9.2	WILSON	2.4
L	11.6	CANYON DR	0.4
R	12.0	VICTORIA	0.5
R	12.5	SANTA ANA RIVER TRAIL (TO BEACH)	1.5
X	14.0	CROSS UNDER PCH	0.0
R	14.0	PCH TO NEWPORT	3.7
R	14.0	BAYSIDE	2.4
L	20.1	MARGUERITE	0.0
R	20.1	PCH	2.8
L	22.9	CRYSTAL HEIGHTS	0.1

FOOD / REST STOP
STARBUCK'S
CRYSTAL COVE PROMENADE
CRYSTAL HEIGHTS & PCH

L	23.3	CRYSTAL HEIGHTS	0.1
R	23.4	PCH	1.1
R	24.5	NEWPORT COAST	4.1
R	28.6	TURTLE RIDGE	0.4
R	29.0	BONITA CANYON	0.3
L	29.3	ANTEATER	0.4
R	29.7	CALIFORNIA	0.9
L	30.6	HARVARD	4.4
R	35.0	PASEO WESTPARK	0.1
L	35.1	HEARTHSTONE	0.2
R	35.3	IRVINE CENTER DR	0.7
L	36.0	DEERWOOD	END

QUESTIONS / COMMENTS

rides@bikeirvine.org

SUN25M2

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SUNDAY SOCIAL - LONG

43 Miles

	Miles	ROLLY	Dist
R	0.0	IRVINE CENTER DR	1.0
L	1.0	HARVARD	2.4
R	3.4	MAIN	2.5
L	5.9	SUNFLOWER	3.3
R	9.2	HYLAND	0.5
L	9.7	MacARTHUR / TALBERT	4.3
L	14.0	GOTHARD	0.5
R	14.5	ELLIS	0.3
L	14.8	GOLDENWEST	2.0
L	16.8	PCH	7.9
R	24.7	BAYSIDE	2.4
L	27.1	MARGUERITE	0.0
R	27.1	PCH	2.7
L	29.8	CRYSTAL HEIGHTS	0.1

FOOD / REST STOP

STARBUCK'S

CRYSTAL COVE PROMENADE

CRYSTAL HEIGHTS & PCH

return to Deerfield Park

L	30.1	CRYSTAL HEIGHTS	0.1
R	30.2	PCH	1.3
R	31.5	NEWPORT COAST	4.1
R	35.6	TURTLE RIDGE	0.4
R	36.0	BONITA CANYON	0.3
L	36.3	ANTEATER	0.4
R	36.7	CALIFORNIA	0.9
L	37.6	HARVARD	4.4
R	42.0	PASEO WESTPARK	0.1
L	42.1	HEARTHSTONE	0.2
R	42.3	IRVINE CENTER DR	0.7
L	43.0	DEERWOOD	END

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SUN25L2

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SUN25L2

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ONYX TRAINING

RIDE #1 LAGUNA HILLS, LAGUNA NIGUEL, MISSION
VIEJO, LAKE FOREST
46 MILES 3,100 FT ELEV. GAIN

	Miles		Dist
L	0	IRVINE CENTER DR.	5.4
R	5.4	TESLA/SANTA VITTORIA	1.7
L	7.1	SANTA MARIA	0.7
R	7.8	MOULTON PKWY.	0.7
R	8.5	EL TORO RD.	1.6
L	10.1	ALISO CREEK (Real Hill at start)	5.5
R	15.6	MOULTON/GOLDEN LANTERN (Major Hill after Crown Valley, then Rolly)	5.1
R	20.7	VIA LADERA into	0.3
Rest Stop - PEET'S COFFEE - mall just B4 Camino Del Avion			
R	21.0	CAMINO DEL AVION (Caution - steep Downhill)	0.7
R	21.7	NIGUEL RD. (Hill)	2.2
R	23.9	MARINA HILLS	1.3
L	25.2	GOLDEN LTRN/MOULTON (Caution - Steep Downhill to sharp right turn)	0.9
R	26.1	PASEO DE LAS COLINAS (Caution - sharp left downhill turn into next left)	1.3
L	27.4	CAMINO CAPISTRANO	0.1
L	27.5	AVERY	0.2
L	27.7	MARGUERITE(Long Hill)	2.2
R	29.9	FELIPE/OLYMPIAD (Hilly)	3.6
L	33.5	JERONIMO (Rolly to Los Alisos)	6.9
L	40.4	ALTON	0.4
R	40.8	MUIRLANDS/BARRANCA	1.8
R	42.6	IRVINE CENTER DR.	3.3
R	45.9	DEERWOOD	END

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ONYXTR17-2

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