

SUNDAY SOCIAL - MEDIUM

33 Miles

	Miles	HILLY	Dist
L	0.0	IRVINE CTR DR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	4.9
R	19.7	POPPY	0.3
L	20.0	5th Ave.	0.4
S	20.4	5th Ave Bike Trail on Right after Marguerite	0.2
R	20.6	GOLDENROD	0.5
R	21.1	CROWN	0.4
L	21.5	SAN JOAQUIN HILLS	0.2
R	21.7	Before SAN MIGUEL	0.2

**FOOD / REST STOP
GELSON'S MARKET
SAN MIGUEL & SAN JOAQUIN HILLS
NEWPORT BEACH**

R	21.9	SAN JOAQUIN HILLS	1.6
R	23.5	BACK BAY DR. (Watch speed)	2.3
L	25.8	Trail / sidewalk	0.3
L	26.1	Stay on Trail @ Jamboree	0.2
L	26.3	Bear L on Trail to cross under Jamboree	4.8

(Cross under Harvard, then U-Turn to exit Harvard Northbound)

R	31.1	HARVARD (North)	1.2
R	32.3	IRVINE CENTER DR	1.0
L	33.3	DEERWOOD	0.1

Questions/comments: rides@bikeirvine.org

SUN13M2

Report mishaps to crash@bikeirvine.org



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L	0.0	IRVINE CTR DR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	4.9
R	19.7	POPPY	0.3
L	20.0	5th Ave.	0.4
S	20.4	5th Ave Bike Trail on Right after Marguerite	0.2
R	20.6	GOLDENROD	0.5
R	21.1	CROWN	0.4
L	21.5	SAN JOAQUIN HILLS	0.2
R	21.7	Before SAN MIGUEL	0.2

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SAN MIGUEL & SAN JOAQUIN HILLS
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L	26.1	Stay on Trail @ Jamboree	0.2
L	26.3	Bear L on Trail to cross under Jamboree	4.8

(Cross under Harvard, then U-Turn to exit Harvard Northbound)

R	31.1	HARVARD (North)	1.2
R	32.3	IRVINE CENTER DR	1.0
L	33.3	DEERWOOD	0.1

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SUNDAY SOCIAL - LONG - 44 Miles

	Miles	2,300' CLIMB	Dist
L	0.0	IRVINE CTR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	3.7
R	18.5	NEWPORT COAST	2.7
L	21.2	SAN JOAQUIN	0.2
R	21.4	NEWPORT RIDGE EAST	0.9
R	22.3	TERRACE RIDGE	0.1
S	22.4	Around Barrier	0.1
R	22.5	EL CAPITAN	0.4
R	22.9	SPY GLASS HILLS RD	0.7
L	23.6	SAN MIGUEL	0.5
R	24.1	PORT SUTTON	0.1
L	24.2	NEWPORT HILLS E	1.0
L	25.2	NEWPORT HILLS W	0.3
R	25.5	FORD	0.5
R	26.0	SAN MIGUEL	1.3
L	27.3	BAYWOOD DR	0.2

FOOD / REST STOP: GELSON'S MARKET
SAN MIGUEL & SAN JOAQUIN HILLS
NEWPORT BEACH

R	27.5	SAN JOAQUIN HILLS	1.6
L	29.1	BACK BAY	1.0
R	30.1	JAMBOREE	0.2
R	30.3	PCH	1.0
R	31.3	DOVER	0.7
R	32.0	WESTCLIFF	0.3
R	32.3	SANTIAGO / POLARIS	0.5
R	32.8	GALAXY	1.3
R	34.1	SANTIAGO	0.2
R	34.3	IRVINE AVE	1.3
R	35.6	MESA DR	0.3
R	35.9	MESA DR (at signal)	0.5
C	36.4	ONTO Bayview Trail	0.1
L	36.5	BAYVIEW TRAIL (Watch for bike/ped cross traffic)	0.4
R	36.9	BAYVIEW TR (along Jamboree)	0.2

(Go over bay bridge, then U-Turn onto San Diego Creek Trail)

U	37.1	Onto San Diego Creek Tr	4.8
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(Cross under Harvard, then U-Turn to exit Harvard Northbound)

R	41.9	HARVARD (North)	1.2
R	43.1	IRVINE CENTER DR	1.0
L	44.1	DEERWOOD	0.1

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SUN13L2

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	Miles	2,300' CLIMB	Dist
L	0.0	IRVINE CTR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	3.7
R	18.5	NEWPORT COAST	2.7
L	21.2	SAN JOAQUIN	0.2
R	21.4	NEWPORT RIDGE EAST	0.9
R	22.3	TERRACE RIDGE	0.1
S	22.4	Around Barrier	0.1
R	22.5	EL CAPITAN	0.4
R	22.9	SPY GLASS HILLS RD	0.7
L	23.6	SAN MIGUEL	0.5
R	24.1	PORT SUTTON	0.1
L	24.2	NEWPORT HILLS E	1.0
L	25.2	NEWPORT HILLS W	0.3
R	25.5	FORD	0.5
R	26.0	SAN MIGUEL	1.3
L	27.3	BAYWOOD DR	0.2

FOOD / REST STOP: GELSON'S MARKET
SAN MIGUEL & SAN JOAQUIN HILLS
NEWPORT BEACH

R	27.5	SAN JOAQUIN HILLS	1.6
L	29.1	BACK BAY	1.0
R	30.1	JAMBOREE	0.2
R	30.3	PCH	1.0
R	31.3	DOVER	0.7
R	32.0	WESTCLIFF	0.3
R	32.3	SANTIAGO / POLARIS	0.5
R	32.8	GALAXY	1.3
R	34.1	SANTIAGO	0.2
R	34.3	IRVINE AVE	1.3
R	35.6	MESA DR	0.3
R	35.9	MESA DR (at signal)	0.5
C	36.4	ONTO Bayview Trail	0.1
L	36.5	BAYVIEW TRAIL (Watch for bike/ped cross traffic)	0.4
R	36.9	BAYVIEW TR (along Jamboree)	0.2

(Go over bay bridge, then U-Turn onto San Diego Creek Trail)

U	37.1	Onto San Diego Creek Tr	4.8
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(Cross under Harvard, then U-Turn to exit Harvard Northbound)

R	41.9	HARVARD (North)	1.2
R	43.1	IRVINE CENTER DR	1.0
L	44.1	DEERWOOD	0.1

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SUN13L2

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ONYX TRAINING - RIDE #2
Newport Coast, CDM
42 MILES ~3,100 FT ELEV. GAIN

ONYX TRAINING - RIDE #2
Newport Coast, CDM
42 MILES ~3,100 FT ELEV. GAIN

	Miles		Dist
L	0	IRVINE CENTER DR	1.2
R	1.2	JEFFREY	2.3
L	3.5	RIDGELINE (Hill)	1.4
L	4.9	TURTLE ROCK	3.4
R	8.3	STARCREST (Steep Up)	0.9
R	9.2	RIDGELINE (Fast Down)	0.4
R	9.6	TURTLE ROCK	0.6
L	10.2	SUNNYHILL	0.2
R	10.4	SHADY CANYON	1.5
L	11.9	BONITA CANYON	0.6
L	12.5	NEWPORT COAST	1.8
R	14.3	SAN JOAQUIN HILLS	1.5
R	15.8	SPYGLASS (Hill, up then fast down)	1.1
L	16.9	SAN MIGUEL	1.1
L	18.0	SAN JOAQUIN HILLS (Hill)	2.5
R	20.5	NEWPORT COAST	2.6
R	23.1	PCH	1.5
R	24.6	MARGUERITE (Hill)	1.2
L	25.8	PACIFIC VIEW	0.4
	26.2	REST STOP: Gelson's Market - Pacific View/San Miguel, Newport Beach	0.0
L	26.2	PACIFIC VIEW	0.1
L	26.3	SAN MIGUEL	0.1
L	26.4	SAN JOAQUIN HILLS	0.5
R	26.9	MARGUERITE	1.0
L	27.9	PCH	1.7
L	29.6	NEWPORT COAST (Hill)	0.3
L	29.9	PELICAN HILL (Long Up)	2.1
L	32.0	NEWPORT COAST (Down)	2.5
R	34.5	TURTLE RIDGE	0.5
R	35.0	BONITA CANYON	0.2
L	35.2	ANTEATER	0.4
R	35.6	CALIFORNIA	0.9
L	36.5	HARVARD	4.4
R	40.9	PASEO WESTPARK	0.1
L	41.0	HEARTHSTONE	0.2
R	41.2	IRVINE CENTER DR	0.7
L	41.9	DEERWOOD	END

Questions/comments: rides@bikeirvine.org

ONYXTR17-3

Report mishaps to crash@bikeirvine.org

	Miles		Dist
L	0	IRVINE CENTER DR	1.2
R	1.2	JEFFREY	2.3
L	3.5	RIDGELINE (Hill)	1.4
L	4.9	TURTLE ROCK	3.4
R	8.3	STARCREST (Steep Up)	0.9
R	9.2	RIDGELINE (Fast Down)	0.4
R	9.6	TURTLE ROCK	0.6
L	10.2	SUNNYHILL	0.2
R	10.4	SHADY CANYON	1.5
L	11.9	BONITA CANYON	0.6
L	12.5	NEWPORT COAST	1.8
R	14.3	SAN JOAQUIN HILLS	1.5
R	15.8	SPYGLASS (Hill, up then fast down)	1.1
L	16.9	SAN MIGUEL	1.1
L	18.0	SAN JOAQUIN HILLS (Hill)	2.5
R	20.5	NEWPORT COAST	2.6
R	23.1	PCH	1.5
R	24.6	MARGUERITE (Hill)	1.2
L	25.8	PACIFIC VIEW	0.4
	26.2	REST STOP: Gelson's Market - Pacific View/San Miguel, Newport Beach	0.0
L	26.2	PACIFIC VIEW	0.1
L	26.3	SAN MIGUEL	0.1
L	26.4	SAN JOAQUIN HILLS	0.5
R	26.9	MARGUERITE	1.0
L	27.9	PCH	1.7
L	29.6	NEWPORT COAST (Hill)	0.3
L	29.9	PELICAN HILL (Long Up)	2.1
L	32.0	NEWPORT COAST (Down)	2.5
R	34.5	TURTLE RIDGE	0.5
R	35.0	BONITA CANYON	0.2
L	35.2	ANTEATER	0.4
R	35.6	CALIFORNIA	0.9
L	36.5	HARVARD	4.4
R	40.9	PASEO WESTPARK	0.1
L	41.0	HEARTHSTONE	0.2
R	41.2	IRVINE CENTER DR	0.7
L	41.9	DEERWOOD	END

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ONYXTR17-3

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