

**BCI SUNDAY - MEDIUM**

29 Miles

	Miles	1050' CLIMB	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.1
R	0.8	DEERFIELD	0.1
L	0.9	YALE	1.3
L	2.2	TRABUCO	0.7
R	2.9	CULVER	1.9
R	4.8	PORTOLA	3.4
R	8.2	RIDGE VALLEY	0.9
L	9.1	IRVINE BLVD.	3.2
R	12.3	PARKER	0.4
L	12.7	TOLEDO	2.0
L	14.7	EL TORO	2.9
L	17.6	SANTA MARGARITA / PORTOLA	0.8
L	18.4	@ GLENN RANCH	0.1
		(into parking lot)	

**FOOD / REST STOP**

STARBUCKS - Glenn Ranch & Portola  
Lake Forest

L	18.5	PORTOLA	1.2
L	19.7	ALTON	0.2
R	19.9	TOWNE CENTRE	0.7
R	20.6	ALTON	3.6
R	24.2	BARRANCA	1.9
R	26.1	IRVINE CENTER DR	3.2
R	29.3	DEERWOOD	END



Questions/Comments: [rides@bikeirvine.org](mailto:rides@bikeirvine.org)

Report mishaps to [crash@bikeirvine.org](mailto:crash@bikeirvine.org)

SUN22M1

**BCI SUNDAY - MEDIUM**

29 Miles

	Miles	1050' CLIMB	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.1
R	0.8	DEERFIELD	0.1
L	0.9	YALE	1.3
L	2.2	TRABUCO	0.7
R	2.9	CULVER	1.9
R	4.8	PORTOLA	3.4
R	8.2	RIDGE VALLEY	0.9
L	9.1	IRVINE BLVD.	3.2
R	12.3	PARKER	0.4
L	12.7	TOLEDO	2.0
L	14.7	EL TORO	2.9
L	17.6	SANTA MARGARITA / PORTOLA	0.8
L	18.4	@ GLENN RANCH	0.1
0	0.0	(into parking lot)	0.0

**FOOD / REST STOP**

STARBUCKS - Glenn Ranch & Portola  
Lake Forest

L	18.5	PORTOLA	1.2
L	19.7	ALTON	0.2
R	19.9	TOWNE CENTRE	0.7
R	20.6	ALTON	3.6
R	24.2	BARRANCA	1.9
R	26.1	IRVINE CENTER DR	3.2
R	29.3	DEERWOOD	END



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SUN22M1

**BCI SUNDAY - LONG**

36 Miles

	Miles	1900' CLIMB	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	2.4
L	3.2	IRVINE BLVD.	1.9
R	5.1	JAMBOREE	4.9
R	10.0	SANTIAGO CYN / EL TORO RD.	13.4
R	23.4	GLENN RANCH	1.5
X	24.9	PORTOLA	0.1
		(into parking lot)	

**FOOD / REST STOP**

STARBUCKS - Glenn Ranch & Portola  
Lake Forest

L	25.0	PORTOLA	1.2
L	26.2	ALTON	0.2
R	26.4	TOWNE CENTRE	0.7
R	27.1	ALTON	3.5
R	30.6	BARRANCA	1.9
R	32.5	IRVINE CENTER DR	3.2
R	35.7	DEERWOOD	END



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SUN22L1

**BCI SUNDAY - LONG**

36 Miles

	Miles	1900' CLIMB	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	2.4
L	3.2	IRVINE BLVD.	1.9
R	5.1	JAMBOREE	4.9
R	10.0	SANTIAGO CYN / EL TORO RD.	13.4
R	23.4	GLENN RANCH	1.5
X	24.9	PORTOLA	0.1
0	0.0	(into parking lot)	0.0

**FOOD / REST STOP**

STARBUCKS - Glenn Ranch & Portola  
Lake Forest

L	25.0	PORTOLA	1.2
L	26.2	ALTON	0.2
R	26.4	TOWNE CENTRE	0.7
R	27.1	ALTON	3.5
R	30.6	BARRANCA	1.9
R	32.5	IRVINE CENTER DR	3.2
R	35.7	DEERWOOD	END



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SUN22L1

**BCI SUNDAY - LONG PLUS**

48 Miles

	Miles	HILLY	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	2.4
L	3.2	IRVINE BLVD.	1.9
R	5.1	JAMBOREE	4.9
R	10.0	SANTIAGO CANYON / EL TORO RD.	13.4
R	23.4	GLENN RANCH	1.5
X	24.9	PORTOLA	0.1
		(into parking lot)	

**FOOD / REST STOP**STARBUCKS - Glenn Ranch & Portola  
Lake Forest

R	25.0	PORTOLA/SANTA MARGARITA PKY	2.3
R	27.3	MARGUERITE PKWY	2.7
R	30.0	TRABUCO	1.4
L	31.4	LOS ALISOS	1.8
R	33.2	MUIRLANDS / BARRANCA	7.0
L	40.2	JEFFREY / UNIVERSITY	3.5
R	43.7	HARVARD	3.1
R	46.8	IRVINE CENTER DR	1.0
L	47.8	DEERWOOD	END

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 SUN22LP1

**BCI SUNDAY - LONG PLUS**

48 Miles

	Miles	HILLY	Dist
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	2.4
L	3.2	IRVINE BLVD.	1.9
R	5.1	JAMBOREE	4.9
R	10.0	SANTIAGO CANYON / EL TORO RD.	13.4
R	23.4	GLENN RANCH	1.5
X	24.9	PORTOLA	0.1
		(into parking lot)	

**FOOD / REST STOP**STARBUCKS - Glenn Ranch & Portola  
Lake Forest

R	25.0	PORTOLA/SANTA MARGARITA PKY	2.3
R	27.3	MARGUERITE PKWY	2.7
R	30.0	TRABUCO	1.4
L	31.4	LOS ALISOS	1.8
R	33.2	MUIRLANDS / BARRANCA	7.0
L	40.2	JEFFREY / UNIVERSITY	3.5
R	43.7	HARVARD	3.1
R	46.8	IRVINE CENTER DR	1.0
L	47.8	DEERWOOD	END

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 SUN22LP1